

HEALTH INSURANCE IN THE STATES



Healthcare in the United States

The United States does **NOT** have universal healthcare

This means that **ALL** medical services have a cost, such as:

- **Office visits** with a provider for illness, injury, mental health, or physical exams
- **Diagnostic imaging** such as X-rays and ultrasounds
- **Immunizations / Vaccines**
- **Laboratory tests** such as STI testing and cholesterol screenings

Even with insurance, you may still need to pay a **copay, coinsurance, or deductible** for medical appointments or services. This is called patient responsibility, and it is determined by your health plan.

Be well. Feel well. Do well.

Health Insurance while at UConn

UConn requires full-time students to have health insurance for the duration of their enrollment

**The most important take away from today's presentation is that you
MUST be covered by a health insurance plan**

Your options for health insurance are as follows:

- **Student Health Insurance Plan (SHIP) sponsored by UConn** (automatically charged to most full-time students – check your fee bill for the line item "Health Insurance")
- **Plan you buy yourself** (e.g., Medicaid or an Exchange Plan)
- **Plan carried by a guardian or spouse or a plan provided by an employer** (such as the Connecticut Partnership Plan offered to Graduate/Teaching/Research Assistants)

Be well. Feel well. Do well.

Health Insurance

**International students must have health insurance while attending UConn
regardless of full-time status**

- **Most** full-time students are *automatically* enrolled in the student health insurance plan (SHIP)
- Full-time is considered **12 credits for undergraduates** and **9 credits for graduates**
- All **undergraduates** are billed as “**full-time anticipated**” even if they will be part-time
- Students enrolled in **a minimum of 6 credits are eligible for enrollment in the SHIP** and can request voluntary enrollment
- Graduate students **are only charged for the SHIP once they are registered for 9 credits**

Be well. Feel well. Do well.

Student Health Insurance Plan (SHIP)

Most students will be automatically enrolled in the SHIP

Some academic programs are exempt from automatic enrollment

Students taking **at least** 6 credits of **in-person** courses can voluntarily enroll

Check your fee bill

If you were not billed for the SHIP, contact shaw-businessoffice@uconn.edu or 860-486-9239 to be enrolled

Please note: GAs should not see the SHIP charge once GA tuition waiver is applied to your account.

★

Term Fees

Fall 2024

University of Connecticut Empl ID: [REDACTED]

Balance Forward: \$0.00

Term Charges	Date Posted	Due Date
Grad Activity Fee	16.00 07/19/2024	08/23/2024
Grad Matriculation Fee	42.00 07/19/2024	08/23/2024
Technology Fee	92.00 07/19/2024	08/23/2024
Transit Fee Storrs	97.00 07/19/2024	08/23/2024
Student Recreation Center Fee	200.00 07/19/2024	08/23/2024
Grad Infrastructure Fee	309.00 07/19/2024	08/23/2024
Visa Compliance Fee	350.00 07/19/2024	08/23/2024
Student Health & Wellness Fee	388.00 07/19/2024	08/23/2024
Grad University Fee Storrs	536.00 07/19/2024	08/23/2024
Grad OS Tuition Storrs	20,712.00 07/19/2024	08/23/2024
Health Insurance	2,973.00 07/27/2024	08/23/2024

Total Term Fees: \$25,715.00

Credits

Be well. Feel well. Do well.

Health Insurance for Families

If you have family here with you at UConn that are **not** students, it is important that they have insurance too

Spouses and children can be enrolled in the Student Health Insurance Plan (SHIP)

For more information

Email: SHaW-BusinessOffice@uconn.edu

Call: 860-486-9239

Please note: spouses and children are not eligible to use SHaW for healthcare services and must seek care from community providers

Be well. Feel well. Do well.

Health Insurance Waiver

IMPORTANT: If you have your own health insurance coverage you **must** submit a health insurance waiver by the deadline to **decline** the SHIP

- Deadline for incoming **Fall** students is **September 15th**
- Deadline for incoming **Spring** students is **February 5th**

The health insurance waiver can be accessed in your **Student Admin account**.

From the home page navigate to Bursar Services > Waivers > Health Waiver

Be well. Feel well. Do well.

Health Insurance for New Graduate Assistants, Fellows, & Interns

New Graduate/Research/Teaching Assistants:

GAs **do not** need to submit a health insurance waiver as the charge for the student health insurance plan will automatically be removed once your **GA tuition waiver** is applied to your account

You have **31 days** from your start date to enroll in healthcare coverage through the Connecticut Partnership Plan offered to you by Human Resources

Coverage is effective on **September 1st** for GAs with start dates in August or **February 1st** for GAs with start dates in January

**Failure to enroll means waiting until the next open enrollment period
which is held annually in August**

If you have questions, please contact Human Resources at benefits@uconn.edu or call 860-486-3034

Be well. Feel well. Do well.

Health Insurance for New Graduate Assistants, Fellows, & Interns

Connecticut Partnership Plan for Graduate Assistants/Interns/Fellows

The Connecticut Partnership Plan offers comprehensive medical and dental benefits similar to those offered to employees in many Connecticut municipalities. To learn more about the version of the Connecticut Partnership plan available to you, review the menu items below. Please also review the required COBRA notification.

Once you have reviewed the plan information and required notifications, it is time to make a designation of whether or not you will enroll in the Connecticut Partnership Plan. Should you choose to waive coverage, keep in mind that all full-time students are required by the University to maintain health insurance coverage.

Please Note: The deadline to submit your election is 31 days from your hire date, whether you elect to enroll in or waive the coverage options. The earliest you will have access to submit your elections in CORE-CT will be the day following your GA/GF contract start date.

Review the Graduate Assistants/Interns/Fellow Benefits Video Below



Graduate Assistants / Interns

GRADUATE ASSISTANTS/INTERNS – NEW HIRES/REHIRES ONLY, ELECTION/WAIVER SUBMISSION

- Benefit Elections will be made in CORE-CT.
- You will be prompted to log in using your Net ID and password.
- Supporting documentation will need to be uploaded for dependents.

Graduate Fellows

GRADUATE FELLOWS ELECTION/WAIVER FORM NEW HIRE/REHIRE GRADUATE FELLOWS

Go to hr.uconn.edu and then select **Benefits & Leaves > Benefits > Employee Benefits Overview > Graduate Assistants/Interns/Fellows** to review the Connecticut Partnership Plan details and learn how to enroll

Failure to enroll means waiting until the next open enrollment period which is held annually in August

Be well. Feel well. Do well.

SHaW Storrs Eligibility

Only students who are assessed the **Student Health & Wellness Fee for the Storrs campus*** on their semester fee bill are eligible to use Student Health and Wellness for medical/mental health care

Please review your fee bill to determine if you are eligible for services at SHaW

**Some academic programs are billed a comprehensive fee (vs. tuition-based billing) and are not billed the Student Health and Wellness Fee. These students will need to seek care from community providers.*

SHaW Eligible

Balance Forward:

\$0.00

Personalize Find First 1-10 of 10 Last			
Term Charges	Date Posted	Due Date	
Grad Activity Fee	16.00 07/09/2024	08/23/2024	
Technology Fee	92.00 07/09/2024	08/23/2024	
Transit Fee Storrs	97.00 07/09/2024	08/23/2024	
Student Recreation Center Fee	200.00 07/09/2024	08/23/2024	
Grad University Fee Storrs	236.00 07/09/2024	08/23/2024	
Student Health & Wellness Fee	388.00 07/09/2024	08/23/2024	
Grad OS Tuition Storrs	13,812.00 07/09/2024	08/23/2024	
Northwood	4,915.00 07/24/2024	08/23/2024	
Early Arrival Housing	215.00 08/20/2024	08/23/2024	
Housing Keys/ Damage/Breakage	25.00 10/30/2024	11/10/2024	

Total Term Fees:

\$19,998.00

Personalize Find First 1-6 of 6 Last			
Credits			
Grad Assistant Tuition Waiver	-13812.00	08/13/2024	

SHaW Ineligible

Balance Forward:

\$0.00

Personalize Find   First  1 of 1  Last		
Term Charges	Date Posted	Due Date
MS in Data Science Program	14,575.00	08/22/2024
		08/23/2024

Total Term Fees:

\$14,575.00

Personalize Find First 1-4 of 4 Last			
Credits			
Grad School Deposit - SLATE	-300.00	08/02/2024	

Be well. Feel well. Do well.

VACCINATION & SCREENING REQUIREMENTS



Required Vaccinations and Screenings

Measles, Mumps, and Rubella (MMR)

- Two vaccinations
- One after 1st birthday, and one 28 days later **OR** documentation of positive measles, mumps, and rubella titer (blood test)

Varicella (Chicken Pox)

- Two vaccinations
- One after 1st birthday, and one 28 days later **OR** documentation of positive varicella titer (blood test)

Tuberculosis Screening

- Complete “**Tuberculosis (TB) Risk Assessment**” in Student Health Portal.
- If you answer “yes” to any question **you will need a TB screening test.**
- Tuberculosis testing must be done within 6 months of your matriculation date.

Be well. Feel well. Do well.

Required Vaccine for Living On-Campus

The Meningococcal requirement applies to students living in university owned housing

Meningococcal (MCV4) – Students living in university owned housing must provide proof of receipt of at least one dose of meningococcal conjugate vaccine within five years of enrollment.

Accepted strains:

- Menactra
- MenQuadfi
- Menveo
- Nimenrix

Be well. Feel well. Do well.

Submitting Your Health Requirements- ALL Students

Obtain a copy of
your official
vaccination record
from your doctor's
office

Go to your
Student Health
Portal
(myhealth.uconn.edu)

Complete your
Student Health
Questionnaire in
which you will
upload your
immunization record

After your records are
processed, you will receive
communication from Student
Health and Wellness
regarding your compliance
status



Submit as soon as possible!

Be well. Feel well. Do well.

Do I Have To Schedule An Immunization Appointment?

If you are **100% compliant**, you do **NOT** need to do anything further.

If you are **NOT** compliant, call the Advice Nurse at **860-486-4700!**

Immunizations

COVID-19 Immunization Status: **Compliant**

Legend: ✓=Compliant ✗=Non-Compliant ✓or ✗=Recommended

Required Immunizations

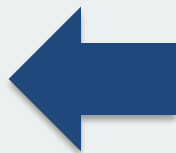
✓Rubella
✓Mumps
✓Varicella
✓Measles

Recommended Immunizations

✗Influenza
✓Meningococcal B
✓Meningococcal
✗HPV

Required Tuberculosis Screening

✓Tuberculosis



Immunizations

COVID-19 Immunization Status: **Not Compliant**

Legend: ✓=Compliant ✗=Non-Compliant ✓or ✗=Recommended

Required Immunizations

✓Rubella
✗Mumps
✓Varicella
✗Measles

Recommended Immunizations

✗Influenza
✓Meningococcal B
✓Meningococcal
✗HPV

Required Tuberculosis Screening

✓Tuberculosis



Your Immunization History

Immunization Requirements

OVERVIEW OF SHAW SERVICES



Your Health & Wellness Team



Be well. Feel well. Do well.

Language Line

Provides translation services to 200+ languages, during your appointment!



Be well. Feel well. Do well.

SHaW Locations



Medical Care and Pharmacy

Hilda May Williams

Mental Health

Arjona (4th floor)

Health Promotion

Wilson Hall (1st floor)

Cordial Storrs (URC)

Be well. Feel well. Do well.

Medical Care (Hilda May Williams)

Medical Services

- Physical exams
- Immunization
- Acute Illness/Injury
- Allergy/Immunotherapy
- Reproductive & sexual healthcare
- Physical Activity and Nutrition Counseling
- Immunization
- 24/7 advice nurse
- Bloodwork
- X-Ray



Medical Care (cont.)

An overnight stay for additional care and treatment.

Our nursing staff will be with you and assist you with your medical needs.



How To Access Care

Medical Care

Schedule on-line at myhealth.uconn.edu

or

Call 860-486-4700

***Anytime you need immediate resources, scan the QR code on your Husky One Card (Student ID)**



Be well. Feel well. Do well.

How to Access Care (cont.)

Bring your:

- Student ID
- Medical insurance card
- Pharmacy insurance card



Be well. Feel well. Do well.

Pharmacy (Hilda May Williams)



SHaW pharmacy professionals will assist you with:

Filling prescription medications

Medication information

Non-prescription Medications: Also known as “Over-the-counter” medications

Medical supplies: Ice packs, bandages, contact solution and more!

Curbside Service: Making pick-up quick and easy!

Visit our **Online Marketplace** to order online & for a full list of items available!

Wellness-to-Go Vending Machine: OTC products are available via self-service on the main floor of the Student Union

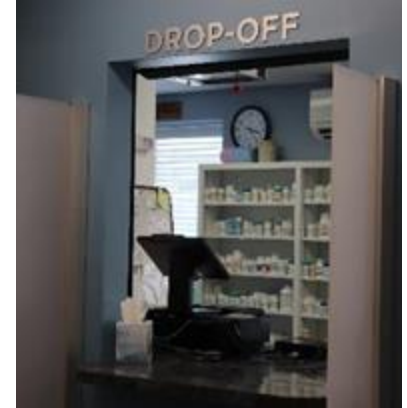
Be well. Feel well. Do well.

Pharmacy (cont.)

Important to know:

Prescription medications are medications prescribed by a medical provider. These medications are meant to only be used by the person whom they are prescribed for.

Non-prescription medications, also known as “over-the-counter” medications, do not require a prescription to be purchased.



Be well. Feel well. Do well.

Specialized Services

If there is a service we don't offer...we will help get you connected!

- Our Referral Specialist will assist with connecting you to specialized services not offered at SHaW

Be well. Feel well. Do well.

Health Promotion

We create a culture of health and wellness at UConn

Student Services:

- BASICS (Balancing Alcohol and Substance use to Improve College Success)
- gloveBOX safer sex supply distribution
- Health education workshops, programs, and partnerships
- Peer support
- Pet therapy
- UConn Recovery Community
- Wellness Community (special interest housing on the Storrs Campus)



Be well. Feel well. Do well.

Emergency Services

Call **911** in case of an emergency

Medical



or

Safety!



Be well. Feel well. Do well.

SHAW MENTAL HEALTH RESOURCES



Welcome to SHaW Mental Health

MENTAL HEALTH *Circle of Care*



Be well. Feel well. Do well.

How To Get Started

For a routine appointment:

- Schedule a mental health access screening:
 - On-line: www.studenthealth.uconn.edu
 - Phone: call 860-486-4700

For more immediate support

- SHaW staff are available Monday through Friday during business hours
- You can also connect with a mental health practitioner using our 24/7/365 mental health support line

Looking to learn more about mental health supports:

- Check out “Let’s Talk” – mental health office hours offered during the fall and spring semester at locations across campus

UConn | UNIVERSITY OF CONNECTICUT

DIVISION OF STUDENT LIFE & ENROLLMENT
Student Health and Wellness

Our Services ▾ Who We Are ▾ Programs & Events ▾ Billing & Insurance ▾ Especially for: ▾ Get Involved ▾ Health and Wellness Data ▾

HOURS & OFFICES **SCHEDULE AN APPOINTMENT** **YOUR HEALTH INFORMATION** **IMMEDIATE SUPPORT RESOURCES**

IF IT'S ON YOUR MIND, IT'S ON TOGETHER ALL 16+

Anonymous online peer to peer community to support your mental wellbeing, 24/7, 365. **FREE** to all students.

UConn
STUDENT HEALTH AND WELLNESS

To schedule a routine appointment, [click here](#) or call **860-486-4700**.

Mental Health Support - All Campuses
Offers free and confidential mental health support 24/7/365.
833-308-3040
U.S., Canada, and the Caribbean
+1-984-268-2016
All Other International Locations

Advice Nurse - All Campuses
We have an advice nurse available 24/7 during the regular academic year. Free and confidential.
860-486-4700

Be well. Feel well. Do well.

Schedule a Screening

The screenshot shows the UConn Student Health Portal interface. At the top, there's a dark blue header with the UCONN logo and 'Student Health Portal' text. Below this is a navigation bar with links: Home, My Profile, Messages, My Forms, Appt. Scheduling, Document Upload, and Log Off. The main content area has a dark blue banner saying 'Welcome to your Student Health Portal'. Below this are three light gray boxes: 'Appointments', 'Forms', and 'Immunizations'. The 'Appointments' box contains the text 'You have no upcoming appointments at this time. Click below to schedule an appointment.' and two buttons: 'View All' and 'Schedule Appointment'. A large red arrow points to the 'Schedule Appointment' button. The 'Forms' box contains 'You have pending forms' and lists 'Consent for Treatment' and 'Minors Consent for Mental Health Treatment', with buttons for 'View All Forms' and 'Upload Documents'. The 'Immunizations' box contains a legend, required immunizations (Measles, Mumps, Rubella, Varicella), recommended immunizations (Meningococcal, HPV, Influenza, Meningococcal B, COVID-19), and required tuberculosis screening, with buttons for 'Your Immunization History' and 'Immunization Requirements'.

myhealth.uconn.edu

UConn Student Health and Wellness

Welcome to your Student Health Portal

Appointments

You have no upcoming appointments at this time.
Click below to schedule an appointment.

[View All](#) [Schedule Appointment](#)

Forms

You have pending forms

Consent for Treatment
Minors Consent for Mental Health Treatment

[View All Forms](#) [Upload Documents](#)

Immunizations

Legend: ✓=Compliant ✗=Non-Compliant ✓or ✗=Recommended

Required Immunizations

- ✗ Measles
- ✗ Mumps
- ✗ Rubella
- ✗ Varicella

Recommended Immunizations

- ✗ Meningococcal
- ✗ HPV
- ✗ Influenza
- ✗ Meningococcal B
- ✗ COVID-19

Required Tuberculosis Screening

Tuberculosis

[Your Immunization History](#) [Immunization Requirements](#)

- Access your Health Portal: myhealth.uconn.edu
- -or-
- Call us at 860-486-4700

BeWell@UConn

Additional mental health support
for UConn students

UConn

STUDENT HEALTH
AND WELLNESS

Wellness Hub

uwill.com

Log-in to access articles and videos on wellness
including:

- Mental and Emotional Health
- Fitness and Nutrition
- Academic Performance
- Stress Management
- Healthy Relationships and more



24/7/365 Mental Health Support Line

Counselor support anytime, anywhere.
Available to students on or off campus.

833-308-3040

U.S., Canada, and the Caribbean

+1-984-268-2016

All Other International Locations

Immediate Support Resources:



studenthealth.uconn.edu/emergency-contacts



Reach out to us!

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CONNECTICUT

STUDENT HEALTH AND WELLNESS

studenthealth.uconn.edu

860-486-4700



Be well. Feel well. Do well.



Be well.

Feel well.

Do well.

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